

Preschool Milestones – End of 4th Year

Social and Emotional

- Cooperates with other children
- Plays “mom” or “dad”
- Increasingly inventive in fantasy play
- Dresses and undresses self
- Negotiates solutions to conflicts
- More independent
- Views self as a whole person involving body, mind, and feelings
- Often cannot tell the difference between fantasy and reality

Movement

- Hop and stand on one foot up to five seconds
- Goes upstairs and downstairs without support
- Kicks ball forward
- Throws ball overhand
- Catches bounced ball most of the time
- Moves forward and backward with agility

Hand and Finger Skills

- Copies square shapes
- Draws a person with two to four body parts
- Uses scissors
- Draws circles and squares
- Begins to copy some capital letters

Language

- Has mastered some basic rules of grammar
- Speaks in sentences of five to six words
- Speaks clearly enough for strangers to understand
- Tells stories

Cognitive

- Correctly names some colors
- Understands concept of counting and may know a few numbers
- Tries to solve problems from a single point of view
- Begins to have a clear sense of time
- Follows three part commands
- Recalls parts of stories
- Understands concept of “same” and “different”
- Engages in fantasy play