



Close to my Heart Lunch Menu

March 2015

*All menu items are subject to change.

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Baked Chicken Nuggets 2 BBQ Sauce Diced Carrots Fuji Apple Milk Veg - cheese sandwich	Italian Hot Dish with 3 Penne Pasta Mixed Green Salad with Italian Dressing Pineapple Tidbits Slice of French Bread Veg - pasta in marinara	Baked Meatloaf with a 4 Tomato Beef Gravy Mashed Potatoes Orange Slice of W.G. Bread Milk Veg - seasoned rice with beans	Chicken Chili with Beans 5 Shredded Cheddar Cheese Fresh Sliced Cucumbers with Ranch Dip Diced Pears W.G. Dinner Roll Milk Veg - vegetable chili	Baked Chicken Patty on a 6 Wheat Bun Ketchup Seasoned Hash Browns Banana Milk Veg - veggie patty on a w.g. bun
BBQ Chicken on a 9 W.G. Bun Fresh Broccoli with Ranch Dip Diced Pears Milk Veg - bbq beans on a w.g. bun	Swedish Meatballs 10 Mashed Potatoes Banana Slice of W.G. Bread Milk Veg - seasoned rice with beans	Chicken Alfredo with 11 Penne pasta Fresh Sliced Cucumbers with Ranch Dip Diced Peaches Slice of French Bread Milk Veg - pasta in marinara	Cheese Burger on a 12 W.G. Bun Ketchup Seasoned Corn Orange Milk Veg - veggie patty on a w.g. bun	Chicken Wild Rice 13 Hot Dish Mixed Green Salad with Ranch Dressing Pineapple Tidbits W.G. Dinner Roll Milk Veg - wild rice with beans and vegetables
Baked Chicken Patty 16 on a W.G. Bun BBQ Sauce Diced Carrots Red Apple Milk Veg - veggie patty on a w.g. bun	Chicken Breast in a 17 Garlic Cream Sauce Mashed Potatoes Diced Peaches Slice of W.G. Bread Milk Veg - seasoned rice with beans	Baked Lasagna Hot Dish 18 Beef and Cheese Mixed Green Salad with Italian Dressing Banana Slice of French Bread Milk Veg - pasta in marinara	Soft Beef Taco with 19 Lettuce / Shredded Cheese Taco Sauce Seasoned Green Beans Diced Pears Milk Veg - bean taco	Chicken Teriyaki with 20 Brown Rice Fresh Sliced Cucumbers with Ranch Dip Orange W.G. Dinner Roll Milk Veg - cheese sandwich
Sloppy Joe on a 23 W.G. Bun Seasoned Corn Diced Peaches Milk Veg - sloppy beans on a w.g. bun	Baked Cheese Pizza 24 Mixed Green Salad with Ranch Golden Apple Milk	Salisbury Steak with 25 Beef Gravy Mashed Potatoes Banana W.G. Dinner Roll Milk Veg - seasoned rice with beans	Chicken Rice Soup 26 with Vegetables Fresh Sliced Cucumbers with Ranch Dip Pineapple Tidbits Slice of W.G. Bread Milk Veg - veggie patty on a w.g. bun	Italian Meatballs on a 27 Coney Bun Shredded Cheddar Cheese Seasoned Hash Browns Orange Milk Veg - Italian beans on a w.g. bun
Baked Chicken Nuggets 30 BBQ Sauce Fresh Broccoli with Ranch Dip Red Apple Milk Veg - seasoned rice with beans	Pizza Hot Dish with 31 Beef and Cheese Mixed Green Salad with Italian Dressing Diced Pears Slice of French Bread Milk Veg - pasta in marinara			

Menu Options

Bag Lunch Option

Includes your choice of:

- Turkey & Cheese Sandwich
- Turkey Cold Cut & Cheese Sandwich
- Cheese Sandwich

- PBJ "Uncrustable"

Served with Fresh Fruit, Baby Carrots and a Bag of Chips.

- Vegetarian Menu available upon request

- Hot Vegetable and Canned Fruit available for Infants

- All of our menu items are baked or steamed, and contain zero trans fats.

"Premier Kitchen will make any changes to the Menu to fit the needs of your Children, Parents, and school."